

## What support will there be for my child's emotional and social wellbeing?

The emotional and social well-being of your child is of great importance to the Academy.

Where appropriate, additional intervention will be organised to support your child's emotional and social development. Current interventions include

Meetings with Mrs Burdis, the Academy's Student services manager who has the experience and training to provide support a range of emotional and social well-being needs. Mrs Burdis leads the School nurses who can provide similar support.

Meeting with Mrs Flint who is a keyworker for all students with an EHCP

Drawing and Talking – a calming 1-1 intervention that allows students to discuss concerns with a member from the Learning Support department.

Social Skills – an intervention within a small group that focus on self-esteem and positive relationships

Zones of Regulation – an intervention that allows students to discover more about their own emotions and provides coping and de-escalation strategies.

The Academy has a designated department called the Learning Support department where students can have individual, group or family support.

The department runs a homework club in the morning (08:00 - 08:30) and after school (15:00 – 15:30)

The department is open every break and dinner time. This allows students to eat their lunch in a smaller environment and work on their social skills. A large variety of games, activities and clubs are available too.

The Academy works closely with outside agencies to support children with emotional, social or mental health needs.

If your child needs to take medication in school times to help control their behaviour or mental health it is essential that the School nurse, Head of Year and SENCO are aware of this.

Some children may be supported to manage their emotions and social wellbeing with a report card specifically designed to help them to achieve their goals.