



# Welcome to the Year 11 Parents' Launch Evening

Thursday 12<sup>th</sup> September 2019

# Welcome to our Year 11 launch evening

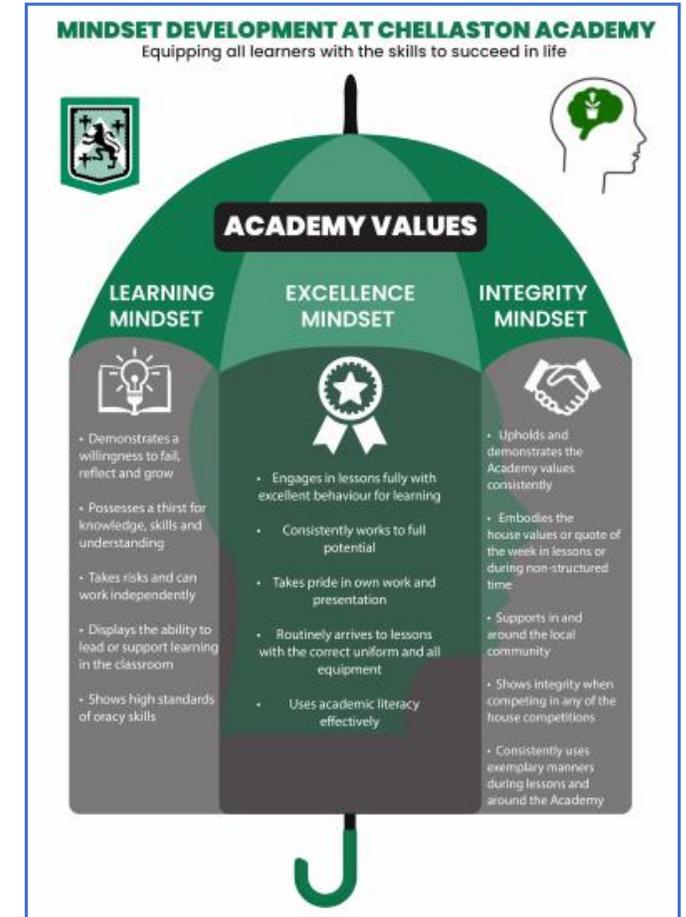
Cara Walker



CHELLASTON ACADEMY  
LOCAL AUTHORITY  
DERBY

RATING	*****
OVERALL	56.2/100
RANK	619/3,166
ATTAINMENT	*****
PROGRESS	*****
ATTENDANCE	*****

Privacy OMES \*\*\*\*\*





# What is your child doing?

- The **majority** of students will take 9 GCSEs
- Maths
- English Language
- English Literature
- Double Science Award or three separate sciences.
- Four subjects from the Pathways Blocks ( or 3 plus a third science subject)



# What is your child doing?

- **Some** students are taking a combination of GCSEs and Btec or CN qualifications.
- GCSEs are graded from 1 to 9, where 9 is the highest.
- In terms of the old grades, a 7 is equivalent to A, a 4 is a low C.
- Btec/CN Level 2 qualifications are graded Pass, Merit, Distinction.
- They are equivalent to higher grade GCSEs: 4, 6 and 7 respectively





# What about the grades?

- In 2019 students have had to resit English and or Maths if they did not achieve **Level 4**. This is a standard pass. You should be aware, however, the original plan was that a **Level 5** would be required. This is a strong pass. It is expected that some universities and offers for higher level apprenticeships may look for Level 5s in English and Maths in the future.





# Dates of Final Exams

Art – Thursday 29<sup>th</sup> April and Friday 30<sup>th</sup> April

MFL Orals – Weds 22<sup>nd</sup> – Tues 28<sup>th</sup> April

Full Exam Series Monday 11<sup>th</sup> May – Friday 19<sup>th</sup> June



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# Preparing for the exams -example

- A student who takes:
- English Language 3hr 30
- English Literature 4 hr
- Maths 4hr 30
- Science 7hr 30
- Geography 4hr 30
- French 3 hr
- PE 3hr
- Technology 2 hr

32  
hours

of exams



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# Building stamina and resilience

- Has your child established a good sleep pattern? Removing their phone and other electronic devices for 8 hours a day does not contravene their human rights!
- Hydration and nutrition
- Be positive, help them plan and start preparing well in advance.



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# How can you help?

- Is your child responding to feedback on their work?
- Are their notes in their books legible and well-organised?
- Have they got storage space for books and papers?
- Have they got a work space at home?
- Have they got stationery to aid revision?
- Have they tried a range of pens and chosen one that suits them best?



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# Setting up for revision – a few ideas!

- Clear a space for revision with an upright chair and table.
- Remove items that could be a distraction, especially mobile phones!
- Ensure that, for specified times, your child is undisturbed.
- Don't forget a few treats for the breaks in revision!



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# Getting down to revision!

- Week commencing 14<sup>th</sup> October 2019!
- Every child is different, every subject requires different approaches.
- Long hours of uninterrupted revision is not always the most effective.
- The curse of some mobile phone apps!
- Revision notes!
- Practice questions



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# Creating revision notes – student advice

- Information will not transfer from a book to your brain by a process of osmosis!
- Read your own notes or a revision guide.
- Mark pages where there is information you need to work on.
- Use index cards to write down questions that will make you remember the key facts.
- Bullet point the key facts on the reverse.
- Use Post-it notes for things you forget. Stick them in places you visit frequently.
- Create a mind map on paper or whiteboard as you are revising.





# What happens after GCSEs?

- You can leave school on the last Friday in June if you'll be 16 by the end of the summer holidays.
- You must then do one of the following until you're 18:
  - stay in full-time education, for example at a college or Sixth Form
  - start an apprenticeship or traineeship
  - spend 20 hours or more a week working or volunteering, while in part-time education or training (minimum 1 day in education)



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# Careers Support in School

- All year 11 students will get a careers meeting with Mrs Shillingford
- Students have been prioritised by their responses to an online questionnaire.
- Students who have specified that they know what they want to do will still be “checked in with” just to ensure they have at least a Plan A and B
- Mrs Shillingford is a good point of contact for anything careers related
- Look out for apprenticeship opportunities and speak to Mrs Shillingford if you need help applying.



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# How can you support the next steps?

- Go to open evenings at other providers – see what is out there!
- Look further afield than just Derby
- Last year's Year 11 have gone to:
  - Ashby
  - Loughborough
  - Repton
  - Nottingham
  - Burton
- Lots of different options and opportunities available.





# Entry Requirements – Things to note

- Currently Students need a **Grade 4 in English** and **Maths** (as well as other specific qualifications) to commence a Level 2 or 3 course at College or School Sixth Form
- If they don't achieve this grade students may still be accepted onto the course, but will need to **resit** Maths and English until they achieve a **Grade 4**
- In some cases students may have to commence a lower level course until they achieve the grade 4.



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# Have a Plan A and a Plan B!

- Make sure you know the entry requirements for the courses you are applying for
- Do not have a Plan A and B that rely on the same entry requirements
- Do not just apply for the same courses as your friends



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# Unifrog

## The Complete Destinations Platform

Make it easy for your students to find and apply for the best courses and apprenticeships for them.



Careers  
Guidance  
Partner





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**Success is a  
journey, NOT a  
destination.**



# What is in place to support your child in school?



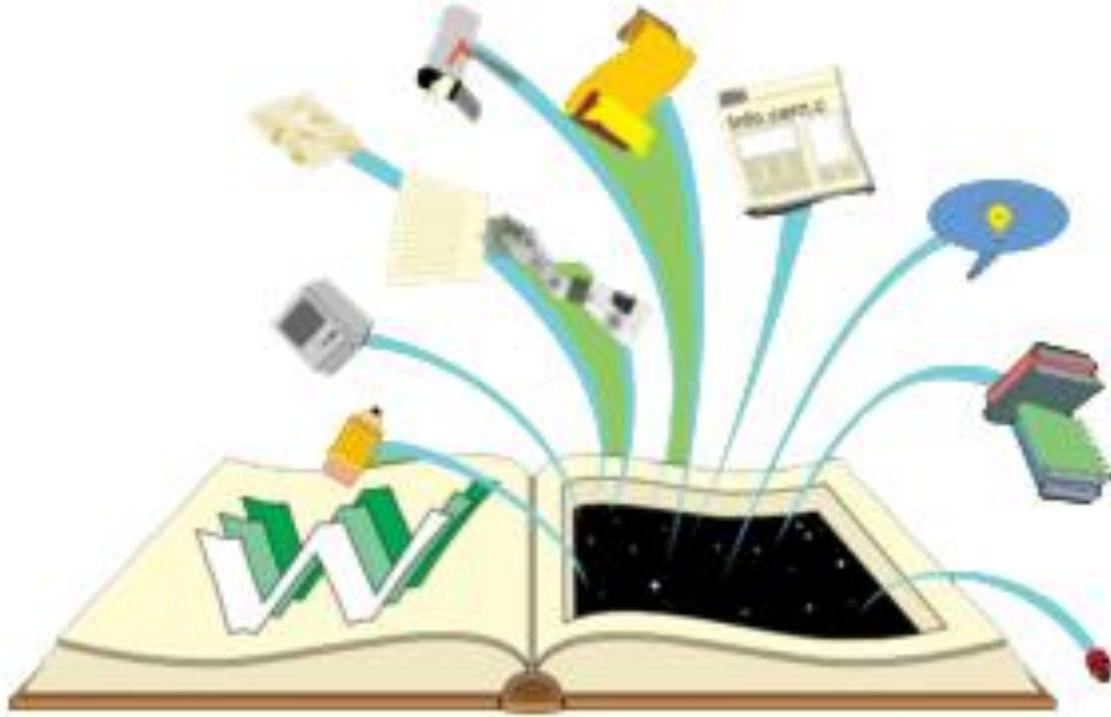
# Intervention



- Intervention is not a “general revision session,” it will be with a small focussed group. Therefore not all students will be in intervention to begin with.
- This first wave of intervention will run up to the PPEs and students may be selected for intervention in the next wave.
- Students may not change intervention. Groups have been chosen strategically and will be tailored specifically to the needs of the students within it.



# Revision Guides



Subjects have revision guides available to buy from Wisepay



# Guide to Exams – Parents' Evening

At Parents' Evening, information on the exams your child is sitting for PPEs and how to prepare will be distributed.

## MATHS

- **Exam board and code: AQA 8300**
- **Level: GCSE**
- **Grading in 2019 : 9 to 1**
- **Assessment structure:**
  - By terminal exam only - Higher or Foundation
  - Paper 1 – non-calculator – 80 marks - 33⅓% of final grade
  - **Exam date: Tuesday 21<sup>st</sup> May 2019**
  - Paper 2 – calculator– 80 marks - 33⅓% of final grade
  - **Exam date: Thursday 6<sup>th</sup> June 2019**
  - Paper 3 – calculator– 80 marks - 33⅓% of final grade
  - **Exam date: Tuesday 11<sup>th</sup> June 2019**
- **Candidates sit either all Foundation levels papers or all Higher Level Papers.**
- **Higher papers: Grades 9 to 4. Foundation paper: Grades 5 to 1.**

## Structure and preparation needed for PPE exams:

- Your PPEs will consist of all three papers and could cover any of the topics on the syllabus. Each paper is a mix of question styles, from multiple choice, to multi-step problems. The mathematical demand increases as you progress through the paper.
- We use the CGP 'Mathematics for GCSE' textbooks in class. In these, we have a topic list of everything that could be on your exams. It is very important that you become familiar with these topic lists and focus your revision on any weaknesses you may have. These can be accessed anytime online via the following link:

## Useful websites:

- [www.vle.mathswatch.com](http://www.vle.mathswatch.com) Username: ForenameSurname10@chellaston  
Password: chellaston
- [www.mathsgenie.co.uk](http://www.mathsgenie.co.uk)
- [www.piximaths.co.uk](http://www.piximaths.co.uk)
- [www.corbettmaths.co.uk](http://www.corbettmaths.co.uk)
- You can also purchase CGP Revision Guides, Workbooks and Exam Practice papers from us on WisePay. Details of when orders are made are usually placed in the Weekly Newsletter.

## Top tips for success!

- To revise Maths you have to "do Maths". The best way to prepare for Maths exams is to answer plenty of Maths questions and solve Mathematical problems. Ensure you always show full detailed solutions, as this will help you gain marks on the multi-step problem questions.
- Practise, check, repeat. For each topic, practise exam questions and redo the ones you are getting wrong. Use your PLC'S to identify and focus on your weak areas.
- Get a good calculator and bring it to every Maths lesson. There are now 2 calculator papers so being familiar and confident with using the calculator you are going to take into the exams is crucial.



# Revision Skills Focus Week



A week in October

How should students prepare for exams in different subjects?

What resources could they use to support effective revision?



# PPEs – Pre Public Exams

	Periods 1 & 2	Periods 3 & 4	Period 5
Monday 12th November	Biology Combined 1hr 15 mins (218) Triple 1hr 45 mins (47) MHAL/FREF/CHAL	Computing 1hr 30 mins (26) Philosophy 1hr 45 mins (30) FREF	P.E 1hr (52) FREF
Tuesday 13th November	English Language 1hr 45 mins (266) MHAL/FREF/CHAL	History 1hr 15mins (173) MHAL/FREF	Drama 1hr (31) FREF
Wednesday 14th November	Maths 1hr 30 mins (266) MHAL/FREF/CHAL	Chemistry Combined 1hr 15 mins (218) Triple 1hr 45 mins (47) MHAL/FREF/CHAL	Business Studies BTEC 1 hr (13) FREF
Thursday 15th November	Sociology & Music 1hr 45 mins (55 & 10) FREF	Spanish Reading/Listening Foundation 1hr 20 min (9) Higher 1hr 45 mins (53) MFL CLASSROOMS TBC	P.E 1hr (52) FREF
Friday 16th November	French Reading/listening Foundation reading 45 mins followed by listening 35 mins (97) Higher listening 45 mins followed by reading 35 mins (97) MHAL/MFL CLASSROOMS TBC	Geography 1hr 30 mins (97) MHAL	
Monday 19th November	Maths 1hr 30 mins (266) MHAL/FREF/CHAL	Computing 1hr 30 mins (26) FREF	Construction 1hr (17+21) FREF
Tuesday 20th November	English Lit 2hr 15mins (266) MHAL/FREF/CHAL	Art ART CLASSROOMS TBC Construction 1hr (17+21) FREF	Art ART CLASSROOMS TBC
Wednesday 21st November	Physics Combined 1hr 15 mins (218) Triple 1hr 45 mins (47) MHAL/FREF/CHAL	Food preparation and nutrition 1hr 45mins (28) FREF	
Thursday 22nd November	Business Studies GCSE 1hr 45 mins (51) FREF	MFL Writing Foundation 1 hr (67 French 9 Spanish) FREF Higher 1hr 15 mins (69 French 53 Spanish) MHAL	
Friday 23rd November	Design and Technology 2hr (75) Computing Clash 1hr 30 mins (1) CHAL	Art ART CLASSROOMS TBC	Art ART CLASSROOMS TBC

Example from 2018

## Results Day

- December
- Replicates their final results day in August





# During PPEs



## Effective Planning and Time Management

### NO formal intervention and then 2 weeks of practical time

If students take a practical subject i.e. Drama, Art, PE any of the Technologies, USE the time to get up to date AND ahead of where they need to be.

One of the biggest challenges in terms of time management for Year 11 last year was “tech/art deadlines at the same time as MFL oral exams.”

Planned breaks of intervention to allow students to go and get AHEAD.





# DREF Base



Base for Year 11 at break and lunch times

Will be open after school for revision and private study

97% of students said they found the DREF a much better place to study, revise and complete homework than at home

Quieter – No distractions! Left school work at school!



# Walking Talking Mocks



In February – approximately a week of an alternative timetable.

- ✓ It allows teachers to model appropriate exam habits.
- ✓ It helps to reduce nervousness for the summer exam period by giving students a confidence boost in an exam setting.
- ✓ It allows students access to success criteria in an exam context.



# Challenge 40



Strategy used over the Easter holiday, just before the exams, where we will help students to structure revision and give them the opportunity to win:

Free prom tickets

Free hoodies

Vouchers



# How we support students' wellbeing

- Firstly, don't be worried!
- This is a potentially 'stressful' period.
- 'Stress' v 'pressure' v 'busy' – emotional literacy
- We have a really strong referral system in place





# How we support



## • Problem

- Revision worries
- Work 'overload'
- Anxiety
- Friendships

## • Solution

- Tutor time/PSHE – revision skills and advice + TIME
- Template and support in creating a timetable
- Seating arrangements
- 'Calm' sessions
- Strong pastoral and SG team
- Appointments at The Hub
- Signposting to websites i.e. Zumos



# Stress Buster Timetable

Here are some best practice ideas to make the test/exams weeks as stress-free as possible. Our Teachers' Insight Group pooled all their good ideas (for primary, secondary and special schools) and came up with a timetable that would really help children cope with the pressure at this time. Of course, it's unlikely that any school would be able to all of these, but we were really inspired by how creative schools were in finding ways to support the mental health of their pupils.

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	Breakfast club	Breakfast club	Breakfast club	Breakfast club	Breakfast club
Morning		Free time	Assembly – Managing stress		Rounders
During lunch break	Meeting my mentor	Subject drop-ins	Daily mile	Peer mentor support	
Before test/exam	Mindfulness			Listening to music	
After school		Volley ball	Film club		Curiosity Friday

### Meet my Mentor

Every child is allocated a member of staff, who supports them during exam/test week.

### Breakfast Club

Asking children to come in every morning of SATs week for toast and juice. Relaxed way to start the day and get in on time.

### Subject drop-ins

Subject teachers hold open surgery for children to ask about certain questions, topics

### Curiosity Friday

Having some down time with staff who bring along a skill, e.g. making smoothies, Zumba dancing, singing, martial arts.

### Mindfulness sessions

5/10 minute slots throughout the day to help ground young people. You could use our Balance Activity resource.

### Peer mentor support

Having prefects/mentors on hand for chats and advice

### Daily Mile

Getting as many students and staff as possible to run for one mile/kilometer. No need for PE kits, just some quick exercise and fresh air



# How we can support you

- ‘Safeguarding Area’ of the website
- Parent tab → links to useful support sites
- Keep us informed! Tutors are the first port of call.



# External Support

## How can I help my child?

Exams are a stressful time for any young person. Mood swings and outbursts are more likely to occur during this period. Look out for other signs that your child may be struggling, including poor sleep patterns or a change in appetite or behaviour. It's worth preparing ways of supporting your child during exam weeks and thinking about how you will react and respond on the day if they don't get the result that they, or you, are hoping for.

These are things that can really make a difference:

1. Work with your child to find what revision style works for them.
2. Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.
3. Make sure they are eating and drinking at regular intervals.
4. Encourage them to take some time after revising to wind down.
5. Reassure them – reinforce that you are and will be proud of them no matter what happens.
6. Remain positive and hopeful!
7. Plan a treat or an activity together to mark the end of the exams.
8. Set aside one to one time so that they can talk to you about any worries.
9. Let them know their feelings are valid and normal, but also offer support and solutions where possible.
10. Anxiety is often worst at night and this means it is useful to encourage good bedtime routine

- **Young Minds Website -**  
**[www.youngminds.org.uk](http://www.youngminds.org.uk)**



# Thank you for your support

Thursday 12<sup>th</sup> September 2019