

Key Stage 3 Careers Programme – Year 7

Understanding me- Self Awareness	Activity – PSHE Lesson	Student Booklets	Links to Gastsby and CDi Framework
- Year 7 October	 Students complete "My Career journey booklet in which they recognise their strengths and weaknesses and what they enjoy. They draw a picture of the job they see themselves doing in the future. Students complete the A to Z of Careers task 		Developing yourself through careers, employability and enterprise education 1, 2,
Enterprise - Year 7	Activity	Enterprise day ran by E4E	
Feburary	Team building and Enterprise Activity	Set by E4E	Learning about Careers and the World of Work 4, 5, 6, 12 Gatsby 3,4 &6
Investigating work and working life – Year 7	Activity – PSHE Lesson	Classroom lesson	
Resources can be found: There is some photocopying required for the lesson. See lesson plan. March	Exploring personal strengths for employment lesson. This lesson is designed to help students recognise key characteristics of their personality and understand how these can guide good career choices. Students will reflect on their interests and strengths in relation to the kinds of careers that might suit them. By the end of the lesson, students will be able to: Identify their personal interests, preferences, strengths and personality characteristics Understand that making sensible career choices means finding a job that combines such personal attributes Pick out industries that are a good fit to their own personal strengths		Learning about Careers and the World of Work 4, 5, 6, 12 Developing yourself through careers, employability and enterprise education 1, 2, Gatsby 1, 3 & 4



Understanding behaviours for work lesson – Year 7	Activity – PSHE Lesson	Classroom lesson	
Resources can be found:	This lesson is designed to help young for the workplace, and how everyday	people identify behaviours required behaviour could help develop	
There is some photocopying required for the lesson. See lesson plan.	positive workplace behaviour.		Gatsby 1, 3,4 & 5
Please not there may be more work here for just one lesson – this is a first run through	 By the end of the lesson, students will be able to: Understand the importance of behaving in the right way at work and illustrate rules which can help make the right impression Identify the impact of body language and how this can help make a good impression Describe assertiveness and demonstrate ways to respond assertively to different situations 		



Year 8 Careers			
Self Confidence Lesson – Year 8	Activity – PSHE Lesson		
Resources can be found:	This lesson is designed to help s	students understand how	Developing yourself through careers,
	successfully solving a problem of	or meeting a challenge can	employability and
	have a positive impact on their	personal development.	enterprise education 1, 2,
There is some photocopying required for the lesson. See lesson plan.	By the end of this activity stude	ents will be able to:	Gatsby 1,3 & 4
Please not there may be more work here for just one lesson – this is a first run through	Identify challenges and	describe the	
Spring Term	feelings when overco	ming them	
	Plan how to overcome	a fear or challenge	
	Understand some helpf	ful ways to think	
	about past events		
The journey to your Career – Year 8	Activity – PSHE Lesson		
Resources can be found :	This lesson is designed to help y	young people make a	
	successful transition into emplo	yment. Students will start	Gatsby 1, 3 & 4
	planning their journey to a care	er and discuss where they	
There is some photocopying required for the lesson. See lesson plan.	can access information about careers.		
Please not there may be more work here for just one lesson –	By the end of this lesson studer	nts will be able to:	
this is a first run through	 Recognise the main sta employment 	ges of transition into	



Spring Term	 Understand the key decisions to make at each stage, and list the people, places and things that can help Apply these to their own countdown to entering employment 	
Money skills lesson one: Recognising your money personality – Year 8	Activity – PSHE Lesson	
Resources can be found :	This is one of four lessons focusing on Money Skills for young people aged 11-14.	
There is some photocopying required for the lesson. See lesson plan. Please not there may be more work here for just one lesson — this is a first run through	This lesson is designed to help students understand money habits, money personalities, the difference between needs and wants, and plan for future purchases. By the end of the activity students will be able to: Reflect on their attitude to money and spending Prioritise needs versus wants in different scenarios Calculate the potential cost implications of borrowing to purchase a big item To ensure that the lesson plan and student-facing interactive PDF work together smoothly, please make sure you download and save both documents into the same folder on your computer.	Gatsby 1, 3



	Year 9	
Year 9 Unifrog Lesson	Form Time Task	
Getting Started with Unifrog	Students will have been sent a log in to their school email.	
Resources:		
Follow Link	Find email - it may have gone into their junk folder	Gatsby 1, 3
KS3 and KS4 Student Launch	Follow instructions and this will get them set up on	
15 minutes	Unifrog	
Gatsby 1, 3		
September		
Exploring Unifrog	Form Time Task	
	Students get used to exploring the Subjects library with a	
Resources:	treasure hunt. This session contains the questions and	
Follow Link	answers in a PowerPoint, or as a handout.	Gatsby 4,7 and 8
Subjects library treasure hunt		
<u>Subjects library treasure hunt - Student handout</u>		
25 Minutes		
Gatsby 4,7 and 8		
Unifrog:	Form Time Task	
What Makes a Great Leader?	In this session, students will identify what they think	
Resources:	makes a great leader, watch a short TED talk (Everyday	
	leadership by Drew Dudley), and record examples of	Gatsby 3 & 8
<u>Leadership: What makes a great leader?</u>	when they have been leaders in the Competencies tool.	



40 minutes		
January		
Next Step - Personality Quiz	Form Time Task - Next Step - Personality Quiz	
Resources:	Students need to look at the personality Quiz and	Gatsby 3 & 8
https://www.unifrog.org/student/personality-profile/quiz	complete the questions to see what kind of frog they are.	•
	This will lead to them being able to see careers linked to	
	their personality type	
Next Step - Careers Library	Form Time Task - Next Step - Careers Library	
Resources:	students spend time looking through the careers library	Gatsby 3 & 8
https://www.unifrog.org/student/careers	to see if they can find careers that they think they may	
https://www.unifrog.org/teacher/resources/keywords/whats-	want to do post 16.	
<u>your-dream-job</u>		
Your skills, your team, your future!	Form Time Task -	
Resources:	Your skills, your team, your future!	
Your skills, your team, your future!	Students identify their strongest skill, and practise putting	Gatsby 2,6
Your skills, your team, your future - Scenarios	this into a real-life career scenario. They work with their	
Your skills, your team, your future - Student worksheet	classmates to create a super strong team, and present to	
45 Mins	the rest of the class.	
March		
Gatsby 2,6		
Stereotypes	PSHE Lesson	
Resources:	Stereotypes activity	
Stereotypes Presentation	The purpose of this activity is to challenge ideas about the	
WorkSheet - Job Titles	types of people that work in certain jobs.	Gatsby 3 & 5
Stereotypes Activity		
Some preparation and photocopying of resources is required		
1 hour		
Gatsby 3 & 5		
Recognising and building personal skills lesson	PSHE Lesson – Recognising and Building on Personal Skills	



Resources: Key Skills for Employment Video 1 hours Gatsby 8	This lesson is designed to help students understand which skills are most sought after by employers and how they may need to adapt these in different situations. In turn, this will enable them to go on and develop other areas of their skillset, such as teamwork and communication. By the end of this lesson students will be able to: Recall the top personal skills employers look for which are essential for success Explain how they already demonstrate these skills in their everyday lives Evaluate how they can build on these skills and adapt them to a workplace setting
Staying positive (resilience)	PSHE Lesson - Staying positive (resilience)
Resources:	This lesson helps students to develop the skills needed to overcome setbacks by exploring how they could respond
1 hour	in different situations.
Gatsby	By the end of the activity students will be able to:
	 Explain the importance of staying positive (resilience), including in relation to the workplace Understand the importance of learning from experiences, even if they are negative Explain different strategies they can use to build resilience and manage personal challenges and setbacks



Employer Engagement

Year 7 - Enterprise Activity for the whole year group

Links to Gatsby

Year 8 – Whole Year group Activity

Links to Gatsby

'Tomorrow's Engineers Around the World' Workshops

To be delivered to years 8. Three practical workshops highlighting the skills and opportunities available for the modern engineer, these include:

I Engineer – students are challenged to complete a hands-on, interactive engineering challenge with VEX Robots and then test their solutions in a competitive challenge.

Engineering X Factor – shattering the myths that surround engineering this session aims to highlight the key skills and qualifications required to follow a career in engineering, using a variety of problems and brain teasers!

The Design Room – students are encouraged to create an innovative product or solution to help the engineering industry. Working in groups towards a common

goal they then pitch their solution to the group.