



Chellaston Academy

Integrity Care Excellence

TRANQUILITI

Dear Parents / Carers

Chellaston Academy is committed to providing care and support to our students. To help us to do this, we have decided to pilot Tranquiliti's digital wellbeing service. This will help us better understand how our community is doing, so that we can improve the learning and happiness of our students. For the remainder of the year, Tranquiliti will be offered to select year groups of students, and we will look to prioritise those that need it most.

What is Tranquiliti?

Tranquiliti is a new service that has been developed alongside teachers, students, and experts in wellbeing - including the national charity, The Children's Society - to help schools deliver student-centred pastoral care.

Through the app, students answer weekly questions from Tranquiliti's Wellbeing Model. The questions cover mental wellbeing, health and wellness, learning, and the school environment, building a well-rounded picture of the school community.

With the information that each student enters, they see a picture of their own wellbeing, helping them understand themselves and how they are doing. The app helps students reach out for support and build relationships with their pastoral team and gives them access to trusted resources and services. Your child will be able to use Tranquiliti on a phone, tablet, or computer, meaning they can access this support from wherever they are.

The information collected through the questions is also shared with the appropriate pastoral staff, helping them to provide relevant guidance for our students. Each student will have this explained to them in full, and they can choose to skip any question that they do not wish to share with the school. Most importantly, Tranquiliti and the school have taken all reasonable measures to ensure the data is safe and secure.

Using Tranquiliti will help make sure the voice of students is heard. Through this, we will be able to make proactive, informed decisions to provide better care to our students and the school community.

Your consent

We are very excited to use Tranquiliti to help us support our students, and we hope you will support us in this. However, if you have concerns with your child using Tranquiliti and would prefer they do not participate, then please send an email to charlottejohnson@chellaston.derby.sch.uk.

Yours sincerely

Mrs C Johnson
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Headteacher: Mr R Metters

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