











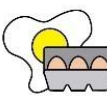










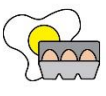



















**WEEK
2**

YOUR MENU

Weeks commencing: 7th & 28th November, 19th December, 23rd January, 13th February, 13th March.















	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day	Organic beef burger in a bun 	Shepherd's pie 	Roast pork and apple sauce	Chicken tikka masala  	Battered fish  
Meat free meal	Vegetable burger in a bun Ve  	Vegan Shepherd's pie Ve 	Vegan sausage casserole Ve 	Vegetable & lentil curry Ve	Cheesy bean enchilada V  
Side dishes	Mini herb potatoes, baked beans and coleslaw  	Savoury rice or potatoes Seasonal vegetables	Creamed potatoes  seasonal vegetables, and gravy	Brown/white rice, seasonal vegetables, and naan 	Chips, seasonal vegetables
Dessert All suitable for vegetarians Yoghurt & fruit available every day	Rosalie biscuit  Chocolate crunch   Apple and cinnamon cobbler   	Shortbread slice  Berry muffin   Chocolate orange sponge  	Chocolate orange Rosalie biscuit  Chocolate cracknel   Fruit crumble 	Oat cookie   Chocolate brownie   Cornflake  Tart	Cherry & coconut cookie   Flapjack  Rhubarb & lemon sponge  

V = Vegetarian

Ve = Vegan

Allergen
Key

FOOD
CENTRAL

							
Gluten	Peanuts	Nuts	Sesame	Lupin	Soya	Eggs	Milk
							
Celery	Sulphites	Mustard	Crustaceans	Molluscs	Fish		

Weeks commencing: 7th & 28th November, 19th December, 23rd January, 13th February, 13th March.

WEEK
2

LIGHTBITE MENU

Monday

Cheese panini **V**  

Cheese & ham panini  

Jacket potato with cheese
&/or beans **V** 

BBQ chicken wrap or panini 

Pasta with tomato sauce **Ve** 

Tuesday

Cheese panini **V**  

Cheese & ham panini  

Jacket potato with cheese
&/or beans **V** 

Tikka chicken wrap or panini



Pasta bake **V**  

Wednesday

Cheese panini **V**  

Cheese & ham panini  

Jacket potato with cheese
&/or beans **V** 

Mediterranean chicken wrap or
panini 

Vegan meatballs with pasta &
tomato sauce **Ve**  

Thursday

Cheese panini **V**  

Cheese & ham panini  

Jacket potato with cheese
&/or beans **V** 

Piri piri chicken wrap or panini



Pasta bake **V**  

Friday

Cheese panini **V**  

Cheese & ham panini  

Jacket potato with cheese
&/or beans **V** 

Tikka chicken wrap or panini



Pasta with tomato sauce **Ve** 

Pasta pots, jacket potatoes and a
range of sandwiches and salad
boxes are available every day

Please ask catering staff for
allergen information