




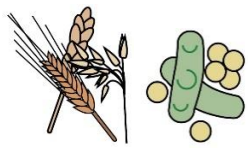












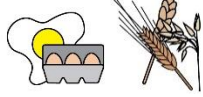

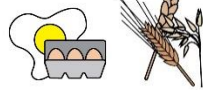
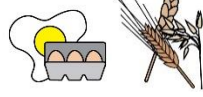


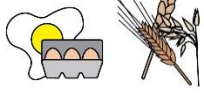

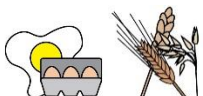
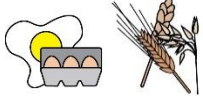


**WEEK
3**

YOUR MENU

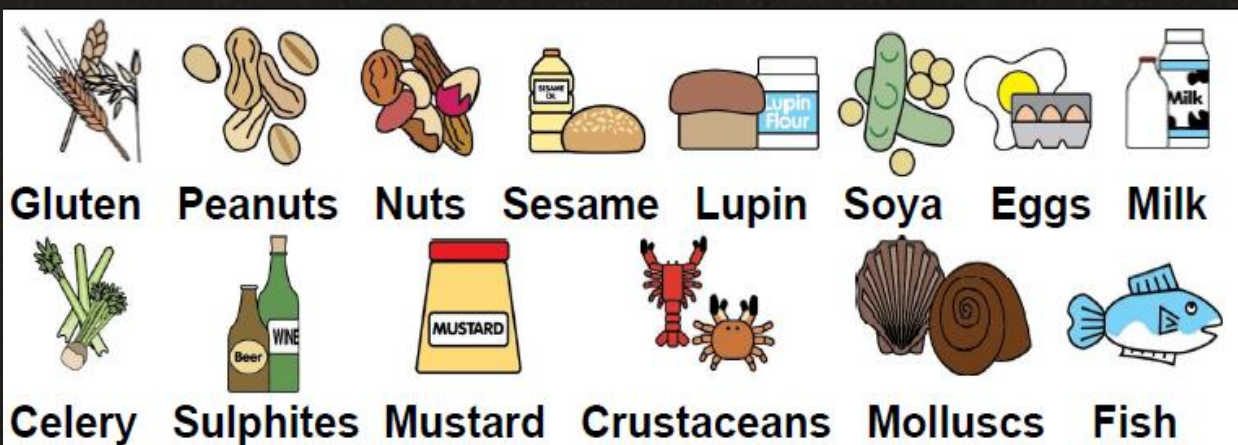
Weeks commencing: 14th November, 5th December, 9th & 30th January, 27th February, 20th March.

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day	Italian meatball melt 	Beef lasagne 	Roast gammon with stuffing 	Chicken korma 	Battered fish 
Meat free meal	Italian vegan meatball melt Ve 	Vegetarian lasagne 	Vegan mince cobbler Ve 	Red pepper and chickpea korma V 	Tortilla layer V 
Side dishes	Pasta and seasonal vegetables 	Savoury rice or potatoes, Seasonal vegetables	Creamed potatoes, seasonal vegetables, and gravy 	Brown/white rice, seasonal vegetables, and naan 	Chips, Seasonal vegetables
Dessert All suitable for vegetarians Yoghurt & fruit available every day	Cherry and coconut cookie  Chocolate brownie  Apple strudel sponge 	Rosalie biscuit  Flapjack  Chocolate and pear sponge 	Shortbread slice  Banana toffee muffin  Chocolate orange sponge 	Chocolate orange rosalie biscuit  Chocolate cracknel  Fruit pie 	Oat cookie  Chocolate crunch  Forest fruit muffin 

V = Vegetarian

Ve = Vegan

Allergen Key









Weeks commencing: 14th November, 5th December,
9th & 30th January, 27th February, 20th March.











WEEK
C

LIGHTBITE MENU

Monday

- Cheese panini **V**  
- Cheese & ham panini  
- Jacket potato with cheese &/or beans **V** 
- BBQ chicken wrap or panini 
- Pasta with tomato sauce **Ve** 




Tuesday

- Cheese panini **V**  
- Cheese & ham panini  
- Jacket potato with cheese &/or beans **V** 
- Tikka chicken wrap or panini   
- Pasta bake **V**  










Wednesday

- Cheese panini **V**  
- Cheese & ham panini  
- Jacket potato with cheese &/or beans **V** 
- Mediterranean chicken wrap or panini 
- Vegan meatballs with pasta & tomato sauce **Ve**  

Thursday

- Cheese panini **V**  
- Cheese & ham panini  
- Jacket potato with cheese &/or beans **V** 
- Piri piri chicken wrap or panini 
- Pasta bake **V**  

Friday

- Cheese panini **V**  
- Cheese & ham panini  
- Jacket potato with cheese &/or beans **V** 
- Tikka chicken wrap or panini   
- Pasta with tomato sauce **Ve** 

Pasta pots, jacket potatoes and a range of sandwiches and salad boxes are available every day

Please ask catering staff for allergen information