

PSHCE OVERVIEW FOR TUTOR DELIVERY 2022-2023

	Autumn 1 – Heath and Wellbeing	Autumn 2 - Safe and positive relationships	Spring 1 Wider world - The Law and crime	Spring 2 - Equality and diversity	Summer 1 Relationships RSE	Summer 2 – Wider world & Careers
7	<ol style="list-style-type: none"> 1. Welcome to Chellaston – what is PSHCE? 2. Key skills for positive mental health – Organisation, Communication and resilience 3. What are the consequences of not living a healthy lifestyle? 4. Online safety and behaviour 	<ol style="list-style-type: none"> 1. What is a positive and stable relationship? 2. Managing online and offline friendships 3. Roles in the family and marriage 4. Bullying or Banter? 	<ol style="list-style-type: none"> 1. <i>Actions and consequences - Bullying tutor</i> 2. Joint Enterprise – What is it? County Lines intro 3. Young offenders and the law 	<p>British values and Chellaston Values – tutor time</p> <ol style="list-style-type: none"> 1. Why is culture important 2. Tolerance and diversity - RESPECT 	<ol style="list-style-type: none"> 1. Consent - unwanted contact 2. Puberty and Hygiene 3. Puberty and emotions including menstrual wellbeing 	<ol style="list-style-type: none"> 1. Careers Journey 2. Behaviours required of the workplace 3. What success means to you
8	<ol style="list-style-type: none"> 1. Energy drinks and snacks – fuel or foe? 2. Smoking and vaping 3. Confident me – body positivity intro 4. Managing my behaviour to succeed 	<ol style="list-style-type: none"> 1. Successful Parenting inc, Adoption and fostering 2. Peer pressure – unhealthy relationships 3. Forced and arranged marriage 4. END OF TOPIC QUIZ 	<ol style="list-style-type: none"> 1. Actions and Consequences Joint Enterprise – What is it? (How does it apply to a group or gang?) 2. County Lines the law 3. Weapons in society* 	<ol style="list-style-type: none"> 1. Radicalisation and extremism 2. STOP Racism 	<ol style="list-style-type: none"> 1. Consent – <i>Indecent image sharing YPI and online</i> 2. Pregnancy and fertility choices 3. Introduction to contraception 	<ol style="list-style-type: none"> 1. Careers and life Journey 2. Self Confidence 3. Money and financial understanding

9	<ol style="list-style-type: none"> 1. Feeling anxious. Coping mechanisms 2. Alcohol and the effects 3. Self belief and motivation. Why do people self harm? 4. Body positivity- stereotypes 	<ol style="list-style-type: none"> 1. Roles of parents and gender division 2. Unhealthy relationships. Domestic abuse and violence 3. Why does CSE happen? 4. END OF TOPIC QUIZ 	<ol style="list-style-type: none"> 1. Actions and Consequences Joint Enterprise (What is it and is JE fair?) 2. Street gangs and youth groups 3. Knife crime* 	<ol style="list-style-type: none"> 1. Homophobia 2. Gender – what is it and how can it be discriminated against? 	<ol style="list-style-type: none"> 1. Consent -What does that mean? Grooming (Trusted adult) 2. Contraception and fertility 3. Sexual health, consequences and risk 	<ol style="list-style-type: none"> 1. LMI 2. Problem solving and meeting a challenge linked to the workplace 3. Transition into employment
10	<ol style="list-style-type: none"> 1. Managing our emotions and stress. 2. Drug awareness, impact, use and the law 3. Being sad, coping with Grief and loss. 4. Body positivity and obesity 	<ol style="list-style-type: none"> 1. <i>Long term commitments and marriage</i> 2. Conflict management 3. Looking for signs of an unhealthy relationship - Harassment and stalking 4. END OF TOPIC QUIZ 	<ol style="list-style-type: none"> 1. Actions and consequences - Penalty and punishment 2. County Lines recap 3. Weapons – gun crime* 	<p>The equality act legal/psychological impact of discrimination - assembly</p> <ol style="list-style-type: none"> 1. Prejudice - sexuality and gender - assembly 2. Free speech and hate speech 	<ol style="list-style-type: none"> 1. Consent, coercion and pressure. 2. Contraception & STI's 3. The role of intimacy and pleasure 	<ol style="list-style-type: none"> 1. Further LMI 2. Exploring personal strengths for employment 3. identify behaviours required for the workplace

11	<ol style="list-style-type: none"> 1. The importance of sleep 2. Self examination and Personal safety 3. Vaccines and blood donation 4. Data and online 	<ol style="list-style-type: none"> 1. Controlling and coercive behaviour 2. Break ups and breakdowns in relationships 3. Revenge porn and up skirting NB. MOCK EXAMS DURING WEEK 	<ol style="list-style-type: none"> 1. Actions and Consequences 2. Social justice 3. Safety outside in the community – Personal safety and ROAD. <i>Water.*</i> 	<ol style="list-style-type: none"> 1. Feminism and what that means 2. Toxic masculinity and positive masculinity 	<ol style="list-style-type: none"> 1. Consent, pressure and sexual abuse 2. Healthy choices and the impact of sex on health 3. Pornography and perception 	EXAMS
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Supplementary Sessions

- Drug awareness
- Street First Aid
- Vaping