



Safeguarding and Wellbeing

What does it mean?



Three questions



1. What might I need help with?



2. How do I get support?



3. What will that support be?

Care and Guidance Team

Find us at Student Services! (The 'main office')

Worried, Anxious, Concerned, Need Help? STUDENT SERVICES TEAM

SAFEGUARDING TEAM



Mr P Smith
Executive
Headteacher



Ms Eyre
Deputy Headteacher
SENCO Lead & DSL Lead



Mrs Horvath
Deputy Designated
Safeguarding Lead



Mrs Burdis
Wellbeing Lead



Mrs Amps
Wellbeing Lead



Mr Burton
Head of Year



Mrs Dow
Head of Year



Mr Shield
Head of Year



Mr Moran
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Mr Wagg
Head of Year



Mrs Tivey



Mrs Warren
Head of Year



Mrs Haywood
Head of Year



Ms Ovenden
Deputy Head of Year



Ms Coulson
Deputy Head of Year



Mr Roome
Deputy Head of Year



Ms Dennett
Deputy Head of Year

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Derby Social Care
01332 641 172
(Out of hours 01332 786 968)

POLICE
101

kooth

Free, safe and
anonymous online
support for young people
kooth.com

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

Or you can speak to any member of staff



Chellaston Academy

Integrity • Care • Excellence

What we do day-to-day...

**Staff and
Visitor Badges**

**Take registers -
absence checks**

**Tutor time each
morning**

**Regular
meetings with
SG team,
HOYs/DHOYs**

**Specialist staff
to support
wellbeing**

**Form and
school councils
- your voice**

**Assemblies and
form time /
PSHCE lessons**

**Workshops and
Events**

**Fire and
Lockdown Drills**

Sometimes...

- ▶ Sometimes, things happen, in school or out of school, that don't allow you to feel happy, safe, secure or supported
- ▶ This doesn't happen with everyone
- ▶ This doesn't happen often

Knowledge = Power

What sort of things?

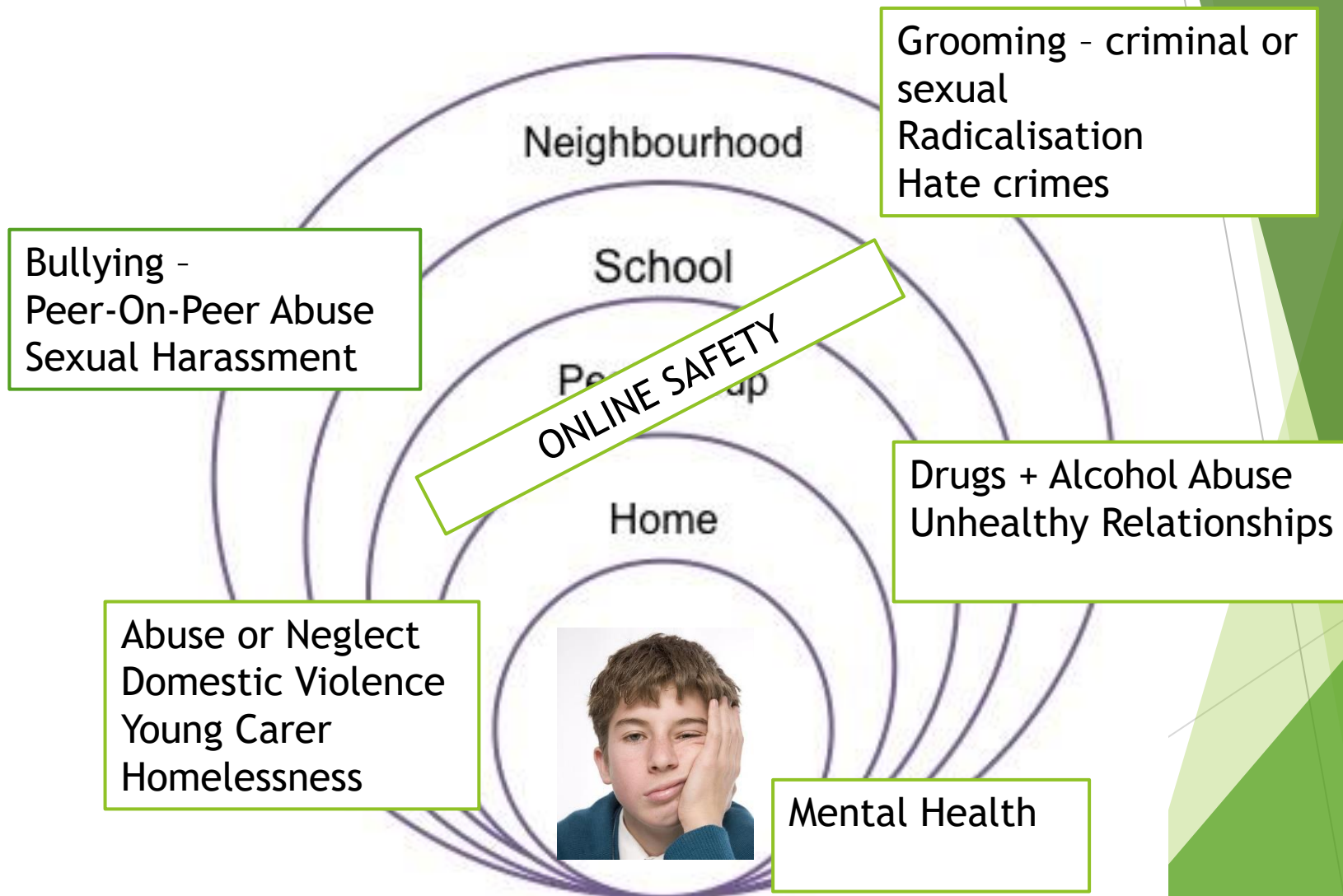
1. Potential Safeguarding Issues

children missing from education	children missing from home or care	fabricated or induced illness	homelessness
bullying / cyberbullying	relationship abuse	private fostering	children with family members in prison
drugs	child criminal exploitation	faith abuse	children and the court system
domestic abuse	online safety	mental health issues	child sexual exploitation
preventing radicalisation	honour-based violence	violence	Child-on-child abuse

Forms of Abuse

- ▶ **PHYSICAL ABUSE** - Non-accidental cuts, bruises, wounds, burns, fractures, bites
- ▶ **EMOTIONAL ABUSE** - Extreme denial of love, attention or security
- ▶ **SEXUAL ABUSE** - The involvement of children in sexual activity with one or more adults which is inappropriate, illegal or beyond the child's understanding
- ▶ **NEGLECT** - Chronic inattention to children's basic needs

Could be anywhere



2. Let Someone Know

and physical scene. And not just the
text scene, since the book itself will
be part of the transmission and
amplification of the plays in a wider
context.

The particularity of quotation joined
with the meditative, associative habit
of your mind is the book's strength.
It provokes a thoughtful response
in return and, as such, will be
a welcome addition to the critical
reaction to Enid. It should deepen
the sense of his complexity and
modernity, while rendering a sense
of those "truths: immensely
possible" -- or whatever the
philosophers have that have led
to think he seemed angry,
in translation.

I'll hold on to the script,
if I may. I want to keep
murmuring in it. Sincerely,
Sloan, Henry



Contact Us

E-mail

- ▶ It's a good idea to start with your tutor, as they know you best and see you every day. They will always refer on to the Care and Guidance team if they think you need a little extra support!
- ▶ Group-WellbeingTeam@chellaston.derby.sch.uk - you can use this email to request help
- ▶ Worry Box
- ▶ See your Student Support Posters

See Us

- ▶ Mrs Eyre - Office next to the Main Office
- ▶ Mrs Horvath- Office between male/female staff toilets in A block
- ▶ DHOYs - Student Services
- ▶ HOY
- ▶ Tutor
- ▶ Mrs Amps and Mrs Burdis

Chellaston Academy

CONTACT US VACANCIES PARENTPAY PARENTPAY SHOP EMAIL FIREFLY GOSCHOOLS

Home Our Academy Admissions Sixth Form Curriculum

Safeguarding

HOME > OUR ACADEMY > SAFEGUARDING

CME

Child Exploitation

Early Help

FGM

Mental Health

Online Safety

Radicalisation

Relationships

School Health

SDAT

Self Harm

Sexual Health

SAFE & SOUND

Transforming young lives



Safeguarding and Wellbeing Support

Concerned about a friend, or worried about something yourself?
TELL SOMEONE

Who? Your form tutor, DHOY, HOY, member of the Hub or SLT – anyone!

How? You can:

- Email the teacher or group-wellbeingteam@chellaston.derby.sch.uk
- Put a request in at Student Services
- Go and talk to someone directly

What? We can take immediate actions to keep you safe, give you access to wellbeing support in school and make referrals to specialist outside services if you need something more:

It could be to do with anything, including:

- Bullying including cyber bullying, or online safety
- Racist homophobic or gender related abuse
- Worries about your home life
- Friendship or relationship issues
- Struggling in lessons, with your work or with exams
- Personal problems or confusion over your identity
- Mental health or your wellbeing
- A friend of yours who is struggling with any of the above

If there are times when you feel you cannot talk to a member of staff, consider:

- Childline – 0800 1111 – www.childline.org.uk/get-support/1-2-3-counsellor-chat/
- Chathealth – advice and support for anything – 07507327104
- Kooth – online counselling www.kooth.com
- Youngminds – www.youngminds.org.uk/young-person/
- Frank – National Drugs helpline – 0300 123 6600 or text 82111 – www.talktofrank.com

Tim support line – support after a crime – 0845 3030900

Samaritans – 24 hour emotional support – 116 123 www.Samaritans.org.uk

Brook services – relationships and sexual health advice www.brook.org.uk

Runaways – if you are thinking or leaving home – 116 000 – www.runawayhelpline.org.uk

Remember: everyone mentioned on this page is here to help you
Don't suffer in silence.
Details and more can be found on the Safeguarding section of the school website

<https://www.kooth.com>

kooth Free, safe and anonymous online support for young people

Monday - Friday 12pm - 10pm
Saturday - Sunday 6pm - 10pm

online

Want someone to understand or advice to help a friend?

We're here for you

Specialist Child and Adolescent Mental Health Services

COMHS



If you are a parent or carer for a child aged between 0-19 and want advice or have any worries **text the Parents and Carers ChatHealth Service on:**

07507 327754

NHS

Derbyshire Healthcare
NHS Foundation Trust



You can now get confidential advice and support with any concerns such as hearing or vision, feeding problems, weaning, emotional wellbeing, and behaviour or general health queries.

Text us for confidential advice and support.

DERBY COUNTY COMMUNITY TRUST

childline Call 0800 1111

ONLINE, ON THE PHONE, ANYTIME

Info and advice Get support Toolbox Get involved



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online support for young people

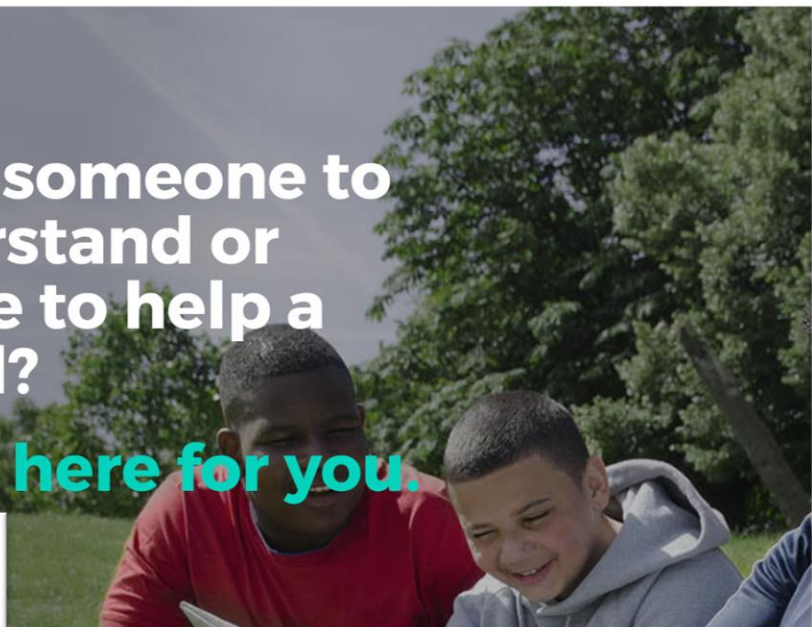
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YOUNGmINDS
fighting for young people's mental health

[Home](#) > [I am a young person](#) > [Mental health](#)

[Mental health support](#) ^

[Support us](#) v



I am a young person

My feelings

Coping with life

Mental health conditions

Medications

Supporting a friend

Real stories

Your guide to support

I need urgent help

3. Then what might happen?



School Support – what does it look like?

The Hub - Pastoral team (Mrs Burdis and Mrs Amps) there to guide and support you

Regular Wellbeing Check-ins

Wellbeing Ambassador - 'Peer mentor'

School Support Plan - teachers aware

Extended Learning or adjustment to your classes

Intervention within school - DCCT mentoring, Baby People, ZOR, school dog

PSHCE - SG and Wellbeing topics

Workshops and Visitors - CSE, Online Safety, Consent

Talking therapy and counsellor-led sessions

Referral to another service

What's coming up?

Wellbeing Questionnaire - for every student w/c
19th Sept

Student Survey - We conduct a student survey each term, with many questions that focus on safety

Wellbeing Ambassadors - look out for the application info over the next week.

Hello Yellow - World Mental Health Day - 10th Oct

Remember

- ▶ We are here to help everybody, everyday.
- ▶ Don't suffer, or let others suffer in silence

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