

CHELLASTON ACADEMY

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Proud Headteacher: Mr P Smith



Dear members of the Chellaston Academy community,

It has been a great week in the academy this week and despite the wintery weather the climate within our academy has been sunny and productive.

Please enjoy our weekly newsletter which includes some updates, reminders and celebrates a number of memorable experiences that have happened this week.

Measles

In certain regions of the country there are a high number of cases of measles. Please see the letter attached at the bottom of this email from Dr Robyn Dewis where she outlines what measures we can take to keep ourselves safe.

Year 9 Options Evening Thursday February 8th

24 hours before the event, the Met Office gave out a snow weather warning for all of Thursday and we were concerned that it might not run. Despite the relentless rain, the importance of the event did not deter our Year 9 cohort. For some parents, it was the first time they had visited the school and Mrs Dow enjoyed putting faces to the names of people that she'd spoken to on the phone over the past three years. Mr Clarke met a number of parents who he'd taught 20-30 years ago! There were two presentations in the hall. The first one filled up before the starting time and the second one was also full as well. Staff were available in their subject areas for two hours and it was great to see so many older students helping out and talking so passionately about each subject. The options form has now gone **LIVE** and students have until next Wednesday to submit their choices. After that every student will be interviewed to try and ensure that Key Stage 4 years start as smoothly as possible.

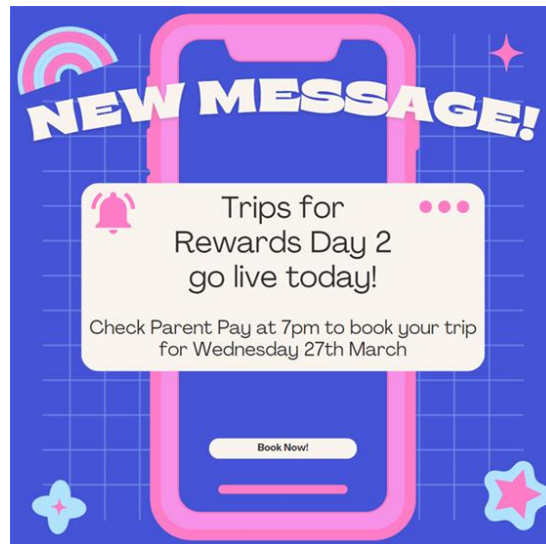
Year 12 & 13 Parents Evening

We are looking forward to inviting our Year 13 parents in for our Face-to-Face Parents' Evening on Thursday 15th February. Booking is now live, and all instructions have been sent directly to our Year 13 parents and carers. Booking closes on Wednesday 14th February at 12 noon. Yesterday we sent our Year 12 parents information regarding Year 12 Parents' Evening on Thursday 29th February. This event is online and booking opens at 9am on Tuesday 13th February. Year 12 and 13 reports will be published next week, with updated Predicted grades, as well as Mock results. These can all be discussed at our subsequent parents' evenings.

Rewards day 2

Our second rewards day is **Wednesday 27th March**, this rewards day will be trips focused. All students who qualify will have the opportunity of booking onto a rewards trip. All trip destinations have been selected from information shared by our student leaders and reps. We have a wide variety of trips on offer from thrill seeking Alton Towers, a cultural museum and library trip to Forest Den building. There are 14 different trip options available. In order for students to have the option of attending any of these trips, they must qualify for rewards day, meaning that their behaviour ratio must be 95% or better positive to negative points.

All trips will go live on **Parent Pay** at **7pm Friday 9th February**.



T&L Legend award - Miss Brown

Many congratulations to Miss Brown for receiving the T&L Legend award this week. She received this award for her unconditional positive regard and care for all of her students within her Technology lessons. She is an absolute credit to our academy and we thank her for all of her dedication.



Children's Mental Health Week

This week we have celebrated Children's Mental Health Week. The theme of the week has been **My Voice Matters** and students have been encouraged to think about how their voices can be heard, and what they can become involved in.

Students across the Academy have received some key activities to complete during form time, assemblies have run for relevant year groups and most students have been asked to complete the well-being survey from WEMWBS. Our amazing wellbeing ambassadors have also been in the well-being room and on hand to support our young people. For any further information please see the following links; - <https://www.childrensmentalhealthweek.org.uk/>

Please see below for other key Mental Health and Wellbeing activities that you may be interested in attending;

<https://www.jwbridgethegap.com/grief-and-loss-support-for-children-free-resources>

Sponsored by




"Paws of Comfort"

A Grief Support Group with Animal Companions.

Mondays 6:00pm – 6:45pm

[BOOK NOW](#)



A nurturing environment for children navigating the challenging journey of grief.

FREE up coming **EVENTS**





SEN COFFEE MORNING

A drop in support session for parents and carers of children with SEN. In collaboration with Neuro Hubs Derby. Chance to chat with both teams, seek support and advice.

FRI 9TH FEB @ 10AM - 12PM



FUNDRAISING CAKE SALE

A fundraising event for parents, carers and children. Plenty of cakes, coffee and stalls full of items you can purchase to support emotional wellbeing. All donations towards our new Community Gardens.

SAT 17TH FEB @ 10AM - 12PM



EMOTIONAL HEALTH HUB

A drop in hub at Bridge the Gap for 'on the day' mental health support. For children, young people and their parents/carers. Signposting, advice, support and resources.

SAT 2ND MAR @ 10AM - 3PM

WWW.JWBRIDGETHEGAP.COM

 **bridgethegap_cmh**



BEREAVEMENT WORKSHOP

ADULT & CHILD WORKSHOP **£15**

Monday 18th March
5:30pm – 6:30pm

Gently explore emotions that can arise during these times of our life, and offer simple ideas as to how we can cope with these feelings.

BOOK ONLINE NOW! at jwbridgethegap.com

Kooth Assemblies

This morning, we had a speaker from the online Wellbeing and Mental Health platform, Kooth, in to deliver assemblies to KS3 students. We are proud to have used and promoted Kooth as a support service for our young people for a few years now, and it was great to hear about their updates and the range of resources available for students.

<https://www.kooth.com/>



Safer Internet Day

Wednesday 7th February was Safer Internet Day. Again, to highlight the significance of the day students have had activities to complete to make them aware of the benefits and dangers of being on the internet. It also formed a large part of the assembly this week.

POSITIVE SOCIAL – FREE Parent workshop on Social Media - Monday 4 March from 8pm-9pm

- How do you help your child make good choices on social media?
- What sort of boundaries do you need to consider – and will they really work?
- How can you create an environment where your child shares their social media experiences with you?

If your children are on social media, or could be in the next few years, then our online Positive Social session is designed to empower you to make good choices when it comes to their social media use.

Amongst other things, we'll be discussing:

- How to create better conversations with our children
- Appropriate boundaries
- Technology tips for parents
- What research and science says about social media use
- What you can do personally to impact your children

This event is free but any donations will be used to fund our free sessions in the UK's secondary schools. You can book your place at - <https://www.tickettailor.com/events/positivesocial/1143966>

There will be plenty of time for questions during this interactive session and we'll be using Zoom breakout rooms where you can also learn from other parents facing the same challenges as you. Social media expert Mark Saxby, from the Positive Social charity, has delivered workshops to hundreds of young people since 2014, helping them gain back control of their lives from social media.

Support with cost of living



SUPPORTING YOU WITH THE COST OF LIVING

New Warm Welcome Hub Directory

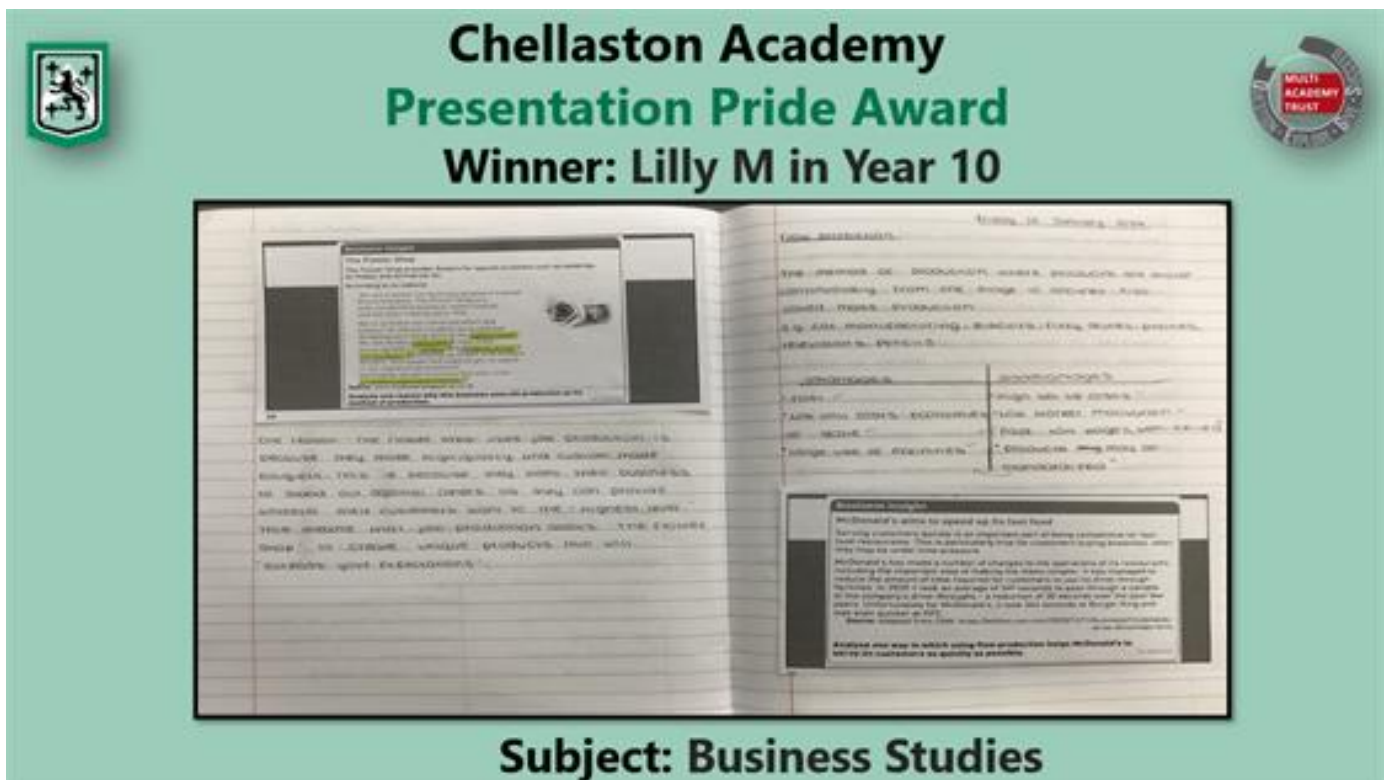
There are over 40 Warm Welcome Hubs around the city which offer a warm space, hot drink and advice and guidance to Derby's citizens. We've recently updated our city-wide directory, which contains details of each hub within Derby and a digital version of this is now [available to download](#)

Warm Coat Appeal

Until March, families in need can collect winter coats for their children from any of the city's Family Hubs through the warm coat appeal. More information on the scheme is available on the Council's [Warm coat appeal now open for collections - Derby City Council](#)

Presentation Pride award

This weeks Presentation Pride award has been awarded by Business Studies to Lilly M in Year 10 - Congratulations Lilly!



Sports Fixtures

Event	Against	Score
Year 7 Girls Football	Derbyshire Cup – Kirk Hallam	Won 3-0 against <u>St. John Houghton Academy</u>
Year 8 & 9 Girls Football	Derby City League – Lees Brook	A team – won all 4 <u>games</u> B team – won 2 and lost 2
Year 10 Boys Football	Friesland School	Lost 3-0 against a very strong <u>team</u>

Year 8 SEND Athletics Event

The KS3/ KS4 Athletics Plus event also took place this week at Derby Arena on Wednesday. Our student represented us fantastically and we are proud to say that they WON Derbyshire Championships and will now take part in the FINAL - date to be confirmed.



Dates for your diary

15th February - Year 13 Parents evening

16th February - Break up for half term

Kind regards

Phil Smith
Proud Headteacher
Chellaston Academy

"Inspiring each other to realise our potential through Integrity, Care and Excellence"